



"We care for kids"

# South River Pediatrics, LLC

Patient Name : \_\_\_\_\_ Chart # \_\_\_\_\_

Date : \_\_\_\_\_ Date of Birth \_\_\_\_\_

## CHOLESTEROL SCREEN

The recommended dietary goal for all children more than 2 years of age includes an average daily intake of 30% of total calories from fat, less than 10% of total calories from saturated fatty acids and less than 300 mg of cholesterol per day.

The American Academy of Pediatrics (AAP) continues to endorse an individual approach to identify and treat children and adolescents whose risk of developing coronary artery disease as adults can be identified through family history. Family history can mean children whose parents or grandparents had a heart attack or stroke before age 55.

The AAP recommends a venipuncture for a lipid profile with Cholesterol HDL and LDL results. To screen children, please answer the questions below.

1. Have any parent or grandparents had a history of coronary artery disease before age 55?                      YES                      NO

2. Do parents have a blood cholesterol level greater than or equal to 240?                      YES                      NO

3. Does your child have any of these risk factors?

Hypertension

Smoking

Physical Inactivity

Obesity

Diabetes Mellitus

**FOR OFFICE USE ONLY** : Lipid Screen Ordered    YES \_\_\_\_\_ NO \_\_\_\_\_

RN : \_\_\_\_\_